



## **Minnetonka Junior Camp July 17<sup>th</sup> – 21<sup>st</sup> 2017**

**Parents:** Summer is here & plans are already being made. Junior Camp is scheduled for **July 17<sup>th</sup>-21<sup>st</sup>** for kids going into **3<sup>rd</sup> - 7<sup>th</sup> grade (MUST be 8 by 9/1/2017)**. We will be leaving Monday July 17<sup>th</sup> promptly at 6:45 AM, so **plan on arriving to the church at 6:15** ready to load the trailer. You can also leave your packed tubs at the church on Sunday the 16<sup>th</sup>.

Minnetonka Web Site: [www.minnetonkacamp.com](http://www.minnetonkacamp.com)

Facebook page: [www.facebook.com/pages/Minnetonka-Christian-Camp/353084419482](https://www.facebook.com/pages/Minnetonka-Christian-Camp/353084419482)

**Cost for camp:** Rather than taking suitcases Northside Baptist Church (NBC) provides each camper with matching 20-gallon plastic tubs, dirty clothes bag, and toiletry container. This helps in a variety of ways including helping the counselors know which items belong to us and making sure your kids clothes do not get left at camp.

\$250 - First time campers or returning campers who need a new plastic tub.

\$245 – Returning campers who still have their plastic tub.

**Forms:** Each camper will need to fill out the necessary forms (Minnetonka Registration, NBC Activity Permit, NBC Medication Form, NBC Registration Card, T-Shirt Form, & McDonald's Order Form). **Please return all forms and copies of insurance cards to Megan Huchingson by July 9<sup>th</sup>** to ensure we have all necessary information in plenty of time before we leave for camp.

**Prayer:** Please start praying now that our kids will experience God in a big way during this week away from the everyday influences. Our kids need this time with the Lord more than anything else in their lives.

Thank you for allowing your child to go with us to Minnetonka. Our prayer is that they will return with a special love for the Lord Jesus Christ and a new outlook for the rest of their young lives. All counselors attending Junior Camp will make sure your child has a fun, safe and enjoyable week at camp.

**Contact** Megan Huchingson @ [MeganHuchingson@aol.com](mailto:MeganHuchingson@aol.com) or 469.323.5038

Camp Emergency phone number [\(918\) 569-7856](tel:(918)569-7856)

## 2017 JUNIOR CAMP CHECK-LIST

### REMINDERS

1. No one is to leave the camp area without ADULT supervision.
2. ALL campers must attend ALL chapel services, classes & meals unless NBC director has granted permission.
3. NO ELECTRICAL ITEMS LIKE RADIO, IPOD, MP3, CD PLAYER, CELL PHONE, GAMEBOY, DS, ETC. NO LAYING CARDS OF ANY KIND, OTHER TOYS OR MAGAZINES.
4. NO mischief such as **RAT-TAILS**, water fights, pillow fights, shaving cream, etc.
5. **No clothing with writing across your bottom.** Clothing must be modest – with no themes contrary to the spirit of camp (advertising alcohol, rock bands, inappropriate words, etc...)
6. No spaghetti strap tops. Sleeveless tops are fine, as long as undergarments do not show.
7. **ALL medicine (even non-prescription) must be in original container with labeled instructions!!**
8. No cutting in line for meals.
9. Throwing trash on the ground is not permitted - clean up after yourself and others.
10. Girls, do not bring make-up or lipstick. The weather is too hot.
11. All campers must be head lice free and will be checked before leaving for camp.
  - a. We will conduct a lice check on July 17<sup>th</sup> following the evening service, at tub drop off.
12. **Please label all of your belongings with your name.**
13. Please do not bring any expensive or irreplaceable item (jewelry, digital camera, etc.)
14. Camp staff and other counselors deserve your respect and cooperation, treat them well and thank them for their hard work.
15. Please bring your best behavior and your sense of humor. Plan on having FUN!!!

## WHAT TO BRING

- Bible, Pen/Pencil, and Notebook
- Twin-sized bedding with blanket or sleeping bag & pillow (bunk beds)
- Clothing for 5 days (Minimum of two sets per day - more if you don't like being dirty).
  - At least 5 to 10 clean shirts. **Shirts must cover belly!**
  - At least 5 to 10 pairs of clean shorts/pants. **Shorts must be knee length. NO short, shorts! No baggy or saggy shorts/pants!**
    - Shorts are fine for chapel. Some girls like to dress up for Wednesday night service but it is not necessary.
    - **No one should come to services smelly, sweaty or in dirty clothes; so bring enough clothes in case you need to shower and/or change after playing games all day!**
- Swimsuit, cover-up and LIFE JACKET, you can't get near the swimming hole without them. (**Don't go buy a Life Jacket - we have extra's.**)
  - Cover-up (girls), shirt (boys) must be worn to & from river.
- 2-3 sets of P.J.'s
- Undergarments & socks
- Shower shoes/flip flops- Flip-flops should only be worn for showering.
- Tennis Shoes- Please wear tennis shoes around camp as camp is rocky and dusty.
- Towels/Washcloth for showering and swimming (Extra towels are helpful).
- Personal care items:
  - **Deodorant**
  - **Soap or Body Wash/Shower Gel**
  - Shampoo Conditioner
  - **Toothbrush & Toothpaste**
  - Comb or brush
  - Insect Repellent
  - **Sunscreen**
- Hat - it gets very hot. Girls - **Extra Ponytail holders.**
- Flashlight
- Disposable camera (optional)

**Parents:** Kids love to receive mail. Send them a note of encouragement. It takes a couple days so mail early - maybe even before they leave for camp. Another suggestion - slip a note into each days clothing.

ATTN: Your Child's Name  
Northside Carrollton Minnetonka Christian Camp  
P.O. Box 267 Clayton. OK 74530

## SPENDING MONEY:

- Is for when your child wants something extra at camp (snow cone, candy, soda...) **this money was included in their camp fee.** Your child's counselor will keep up with your child's money. This prevents loss or spending it all the first day.
- Campers will eat all their meals in the dining hall as this helps us monitor their eating habits.
  - Too much junk food, 100 degrees plus temperatures and not eating right makes for a nasty camp experience.
- Campers will receive their spending money each morning after passing their bunk inspection. They are expected to keep their belongings picked up and bunk area clean!

## **PACKING IDEA:**

- A good idea for packing the campers tub: In gallon size zip lock bags, place one complete set of clothing
  - Example: Shirt, shorts, underwear, socks, and for girls a hair ribbon.
- Mark your child's individual bags with morning and evening. Makes less confusion about what to wear, when.
- The main reason for this way of packing is to keep their things together. After changing clothes, they can put the dirty items back into the zip lock bag which goes back into their tub. Very simple and nothing is lost (well, hopefully most of the time nothing is lost).
- **PLEASE DO NOT PACK SNACKS!**

## **Camp Policies**

### **Meals:**

- Adult sponsor supervision is mandatory. • The "seconds" bell rings when the service line ends. Do not be late for meals.
- Minnetonka Christian Camp cannot be responsible for special dietary requirements or food allergies. It is the responsibility of your church group, or individual, to provide for any such requirements. We will however, make every effort to assist with storage and provide equipment, if available, for you to prepare special foods. It will be your responsibility to make arrangements with kitchen supervisor for the above special services in advance.

### **Security:**

- Minnetonka Christian Camp does not provide security. This is the responsibility of your camp sponsor.

### **Medications:**

- Neither "over-the-counter" nor prescriptions medications are allowed in the dorms at MCC. ALL medications must be taken to the First Aid Station for safe keeping. MCC does not provide Medical Personnel. This is the responsibility of the camp director. **Medication will be dispensed by the Group RN – See First Aid.**

### **Activities:**

- For all specialized activities (waterslide, paint ball, zip line, etc.) MCC will provide supervision, in addition to group supervision, at an agreed time.
- All other activities need to be supervised by the sponsor.

### **Waterfront/Swimming:**

- No one is allowed to be in Peal Creek except during scheduled swimming periods and when a lifeguard is on duty and then only in designated areas.
- Adult sponsors must be present at the waterfront when any of their group is fishing.

### **Lifeguards:**

- MCC will provide adequate personnel to supervise each water front swimming activity during the scheduled times, however group leaders must be present to assist when their group is participating in water activities.

### **First Aid:**

- The group shall be responsible for first aid, emergency care and emergency transportation.
- MCC has no supply of first aid supplies and equipment available to groups.
- The group is responsible for any supplies or equipment.
- Groups are responsible for providing an adult who is certified in American Red Cross Standard First Aid and CPR or the equivalent. **Per Aurora we will have the same RN as last year. Her name is Christa Davis.**

**Prohibitions:**

- No games or activities shall be conducted at MCC which could damage MCC property, facilities or playing fields.
- **All profanity, immoral conduct of any nature and immodest dress are** forbidden at MCC.
- No tobacco, alcoholic beverages or illegal drugs shall be permitted on the premises, nor shall anyone who is under the influence of either be allowed on the premises.
- **Males and Females may not visit each other's dorms and there is to be NO raiding of dorms.**
- Because of the fire hazard, NO campfires or fires of any nature are permitted at MCC, except scheduled fires in areas designated by MCC staff.
- Because of the fire hazard, smoking is NOT permitted in any buildings or on the grounds of MCC.
- Beds and bedding may not be relocated in or removed from buildings.
- Any activities which could cause injury to the camper or fellow campers or damage property at MCC is prohibited.
- **No hazing or bullying will be tolerated by any group or individual**
- The distribution of drinks, snacks or other food items will not be allowed, plain bottled water will be permitted.

# Northside Baptist Church - Medication Form

Camper Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_  
 Parent/Guardian Phone (Daytime): \_\_\_\_\_ (Evening): \_\_\_\_\_

**INSTRUCTIONS:** Please complete this form for **all medication(s)** your child will be taking as needed at Minnetonka Christian Camp including over-the-counter medications for headaches or colds, inhalers, etc. **NOTE:** This form must accompany your child to camp. **Please read the following information** related to the "Northside Baptist Church Medication Policy".

**Concerning the administration of medication to campers, Northside Baptist Church and Minnetonka Christian Camp are immune as described below, provided:**

1. NBC has received a written request to administer the medication from the parent, legal guardian, or other person having legal control of the camper.
  2. When administering nonprescription medication or medication currently prescribed for the camper by the camper's personal physician and the medication is administered from a container that appears to be the original container and to be properly labeled.
- Northside Baptist Church, Minnetonka Christian Camp, their volunteer leaders and employees shall be immune from civil liability for damages or injuries resulting from the administration of medication to a camper in accordance with this policy.**

**Northside Baptist Church Medication Policy**

- ✓ **All medications** (over the counter and/or prescription) must be submitted at registration for **any** camp participant (i.e. campers, teens, and adults).
- ✓ All medication **must** be in the **ORIGINAL CONTAINER** with the camper's (or teen's/adult's) name **printed on the bottle**.
- ✓ Zip-lock bags, pillboxes, non-original medicine bottles, or any other type of container besides the original **will not be accepted**.
- ✓ The **dosage instructions listed on the bottle must be followed** unless there is a written note from the prescribing doctor outlining different indications.

**THERE WILL BE NO EXCEPTIONS TO THIS POLICY.** My signature below indicates that all information on this form is correct and I have read and understand the Northside Baptist Church medication policy.

**Parent/Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Medication Name (include any special instructions)	As Needed	Breakfast	Lunch	Dinner	Bedtime
1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FOR ADDITIONAL MEDICATIONS ATTACH ADDITIONAL COPIES OF THIS PAGE.

**Medication Release**

(To be signed when you pick your child up after camp)

My signature below indicates that I have picked up all medications from the Northside Baptist Church camp representative following my child's return from camp.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# T-Shirt Order Form

NAME \_\_\_\_\_

**Shirt Size – Please check the appropriate size**

\_\_\_\_ Youth Small    \_\_\_\_ Youth Medium    \_\_\_\_ Youth Large

\_\_\_\_ Adult Small    \_\_\_\_ Adult Medium    \_\_\_\_ Adult Large

\_\_\_\_ Adult XL    \_\_\_\_ Adult XXL    \_\_\_\_ Adult XXXL

NAME \_\_\_\_\_

**1100 S Mississippi Ave, Atoka, OK 74525**

*Please mark one choice for meal and beverage.*

**BREAKFAST- Monday July 17<sup>th</sup>**

- \_\_\_\_\_ Sausage Biscuit, Hashbrown and \*Beverage
- \_\_\_\_\_ Sausage McGriddle, Hashbrown and \*Beverage
- \_\_\_\_\_ Big Breakfast with Pancakes and \*Beverage

**Big Breakfast includes:**

**Biscuit, Sausage, Scrambled Eggs and Beverage.**

\*Beverages (Breakfast)

Low-Fat Milk (white\_\_\_\_\_ or chocolate\_\_\_\_\_)

\_\_\_\_\_ Apple Juice

\_\_\_\_\_ Fountain Drink

*Please mark one choice for meal and beverage.*

**LUNCH- Friday July 21<sup>st</sup>**

- \_\_\_\_\_ Cheeseburger Happy Meal
- \_\_\_\_\_ 6 Pc McNugget Mighty Kids Meal

**Happy & Mighty Kids Meals include:**

**Apple Dippers, French Fries and Beverage.**

\*Beverages (Lunch)

Low-Fat Milk (white\_\_\_\_\_ or chocolate\_\_\_\_\_)

\_\_\_\_\_ Apple Juice

\_\_\_\_\_ Fountain Drink